

Health & Safety Certification & Services Ltd

23 Pendle Ave – Kettering – Northants – NN16 9FA
Tel: 07930 158923 email: info@hscsltd.co.uk
HSE/ITSSAR National Training Provider No 2:11168
Company Registration Number: 06991213

ITSSAR



ITSSAR



An Introduction To Health & Safety Certification & Services Ltd

HSCS offer a wide range of Health & Safety certificated training courses and Health & Safety services.

This general Health & Safety course brochure outlines the most popular occupationally generic courses that we deliver, however if a course you require is not listed here, please contact our Central Administration office on 07930 158923, or email for information at: info@hscsltd.co.uk to discuss your requirements.

All our courses are fully certificated by appropriate bodies, or under specific legislation, dependant upon the course type, we always train and certificate to the highest levels available ensuring compliance with legal, insurance and lead body requirements, litigation avoidance and support, as well as delivering useable cost effective 'real world' training.

Our aim is to assist clients to meet their Statutory Duties, whilst reducing accidents and improving the health, safety and environmental management of your organisation - providing exactly the support you need, when you need it. All courses delivered at your site, we can incorporate your individual policies and systems ensuring the course is tailored to your operating needs, environments and activities.

As well as delivering cost effective quality training and services, HSCS specialists and staff work closely with the HSE and accrediting bodies to design and develop Health & Safety standards and courses, by being part of standards committees, lead bodies and advising HSE inspectors and EHO's.

Individual Care if our clients require services to encompass shift work, nights or weekends, we provide it! We also offer bespoke training to a clients particular operating environment, this not only ensures compliance with statutory requirements but also contributes to an overall cost effect service. Whether you have a single site or a nationwide company, our service fees are clear and precise, there are **no hidden extra's**, quotations are fully inclusive of all course materials, travel, expenses, certification, licensing, registrations - in fact everything except vat.

Abrasive Wheels, Manual Handling, Lift Trucks, Vehicle Banksman and Vehicle Mounted Loader courses, delegates can be entered onto the ITSSAR TOPS scheme if required. This does come with an additional cost, which is £4.75 for registration or £8:00 licence ID and includes registration. This fee is charged by ITSSAR, and is passed direct to yourselves at cost price. No additional admin fee is added by ourselves. This is an optional registration scheme.

Other brochures are available these can be viewed and downloaded. Or if you have difficulty in locating your required course or wish to discuss your requirements, please do not hesitate to contact us on 07930 158923.

Finally I would thank you for this opportunity of introducing ourselves to you, and assure you of our best attention at all times.

Alan Payne
Managing Director

Health & Safety Certification & Services Ltd

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The content of this document is not exhaustive and we would welcome the opportunity of discussing your individual requirements with you.

General Health & Safety Training & Certification Courses

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Other Brochures Available Include:-

Forklift	Operator, Attachments, Battery Care, Novice, Experienced, Refresher, Retraining, Conversion, Specific, Bespoke
Lorry Loader	Operator, Attachments, Conversion, Slings, Manual Handling Specific, Induction Specific, Bespoke
Transport	LGV Banksman, Forklift, Lorry Loader, Manual Handling Specific, Workplace
General Plant / Equipment & Construction.	Abrasive Wheels, Towers, Ladders, Lorry Loader, Forklift,

The courses listed here are only a general overview of the range of courses and services we offer.

We have a number of course specific brochures available, please call or email for specific course information.

Please do not hesitate to contact us to discuss any course you require.

All quotations are fully inclusive of travel to any UK mainland site, all course and attendee registrations, full certification, ID cards and all training documentations (Training Records)

General Health & Safety Training & Certification Courses

Manual Handling					
Description	This fully certificated course is designed to instruct operators in the correct and safe methods of manual handling. On site course will be tailored to the working environment, as well as the specific programme as described in the Manual Handling regulations.				
	This course has practical elements requiring candidates to display correct handling techniques.				
Brief Content	Show an understanding of their legal duties.		Accidents - causes and prevention. Practical applications of the course content. Correct techniques relative to working environment.	Availability	On Site
	Recognise the impact of poor lifting techniques.			Examinations	Knowledge Practical Skills
	Recognise correct lifting methods and techniques. Demonstrate the correct procedures. Demonstrate the correct use of lifting aids.			Certification	HSE Regulations
Notes	In Company courses will be tailored to the working environment A Training room suitable for the number of delegates will be required. Reduced rates are available for multi-site or multi-course bookings. Delegates passing the end of the course examinations are certified accordingly			Duration	½ Day
				Course Style	Knowledge & Skills

Abrasive Wheels / Appointed Persons						
Description	This course is designed to provide an understanding of the Abrasive Wheels regulations and Provision and Use of Work Equipment Regulations 1998 instructing delegates in all aspects of the correct mounting, setting and use of Abrasive Wheels. (Appointed Persons) <i>This course is part of a major review of guidance by the Health and Safety Executive and follows the introduction of the Supply of Machinery (Safety) Regulations 1992 as amended and the Provision and Use of Work Equipment Regulations 1998</i>					
	Have an understanding of the Regulations and Legal Obligations Demonstrate knowledge and practical application Store and handle Abrasive Wheels Examine and test wheels for damage Set & Dress wheels		Removal of wheels Selection (Inc Marking System), testing & mounting of new wheel Resetting rests & guards Correct PPE selection & use Correct techniques relative to the working environment		Availability	On Site
Brief Content					Examinations	Knowledge & Skills
					Certification	HSE Regulations
Notes	In Company courses will be tailored to the working environment A Training room suitable for the number of delegates will be required. Reduced rates are available for multi-site or multi-course bookings. No prior knowledge of topic required. Delegates should attend a refresher course every 3 years				Duration	1 Day
					Course Style	Knowledge & Skills

Safe Use Of Ladders, Stepladders & Lightweight Staging					
Description	Designed to comply with the legislative requirements of persons involved in the safe use and care of Ladders, Stepladders or Lightweight Staging within a working environment. This course complies with the Working at Heights regulations . A common misconception is that you can no longer work from ladders, this is incorrect and this course will include the restrictions and allowed practices for working from ladders.				
Brief Content	The Health & Safety At Work Act PUWER Regulations Types and classes of Ladder Recognition Of Safe Equipment Safe Systems Of Work PPE Requirements / Care / Maintenance & Use	Safe Storage & Transportation Pre-Use Safety Checks Safe Use Ladders, Stepladders or Lightweight Staging (as applicable) Safe Handling Techniques Protecting The Public	Availability	On Site	
			Examinations	Knowledge & Skills	
			Certification	HSE Regulations	
Notes	In Company courses will be tailored to the working environment A Training room suitable for the number of delegates will be required. Reduced rates are available for multi-site or multi-course bookings. No prior knowledge of topic required	Duration	½ Day		
		Course Style	Knowledge & Skills		

Access Equipment / Alloy / Steel / Staging Tower				
Description	Designed to comply with the legislative requirements of persons involved in construction, and general working from lightweight access towers. This course will enable operators to safely erect, use and dismantle lightweight access towers. This course complies with the new Working at Height Regulations introduced. There are only two HSE recognised safe methods of erecting and dismantling towers, this course will cover both of these systems and approaches.			
Brief Content	The Health & Safety At Work Act PUWER Regulations Safe working at height Recognition of components and their application Provision of bracing, ties, kick boards and hand rails	Identification of safe ground conditions & environmental restrictions Sequence of erection & dismantling Use of outriggers Safe operating from access towers Repositioning erected towers	Availability	On Site
			Examinations	Knowledge & Skill
			Certification	HSE Regulations
Notes	In Company courses will be tailored to the working environment A Training room suitable for the number of delegates will be required. Reduced rates are available for multi-site or multi-course bookings. No prior knowledge of topic required.	Duration	1 Day	
		Course Style	Knowledge & Skills	

Working At Heights - Awareness					
Description	Falls from height are the most common cause of fatal injury and the second most common cause of major injury to employees. This course will provide any person who is involved with working at height with the knowledge to carry out suitable working at height risk assessments, follow the hierarchy of controls and be able to manage working at height situations safely and with confidence. The Course is specifically designed for any person who is involved with working at height.				
Brief Content	Introduction Problems Associated with Safe Working at Heights Legislation Employers Responsibility Employees Responsibility Risk Assessment Safe Systems of Work Passive Safety Systems	Fall Arrest Systems & Equipment Safe Use of Associated Equipment Anchorage Point Identification Horizontal Safety Systems Vertical Safety Systems Maintenance & Checking of Equipment Cleaning & Storage	Availability	On Site	
			Examinations	Knowledge	
			Certification	HSE Regulations	
Notes	In Company courses will be tailored to the working environment A Training room suitable for the number of delegates will be required. Reduced rates are available for multi-site or multi-course bookings.		Duration	1 Day	
			Course Style	Knowledge	

Vehicle Banksman (Reversing Operations)					
Description	This course is designed to instruct candidates in the correct and safe methods of reversing vehicles and shunting type manoeuvres / operations as an appointed person in charge of vehicle movements within a companies operating environment. Although normally associated with large vehicles, this course applies to all sizes of vehicle.				
Brief Content	Accidents - causes and prevention. Acts and Regulations. Understand the limitations or otherwise of equipment available. Understand correct procedures in manoeuvring vehicles.		Availability	On Site	
			Examinations	Knowledge & Skill	
			Certification	HSE Regulations	
Notes	In Company courses will be tailored to the working environment A Training room suitable for the number of delegates will be required. Reduced rates are available for multi-site or multi-course bookings. No prior knowledge of topic required. A Suitable vehicle will be required for on site courses		Duration	1 Day	
			Course Style	Knowledge & Skills	

Asbestos Awareness					
Description	Asbestos is the single greatest cause of work-related deaths in the UK. An estimated 1.5 million commercial buildings and 2 million domestic properties, contain Asbestos. The control of Asbestos regulations, requires asbestos awareness training for anyone likely to come into contact with asbestos in their work. This course is a general awareness course for trades persons, or anyone responsible for management of buildings.				
Brief Content	Acts and Regulations as applicable. Legal duties and responsibilities Asbestos Health Risks Dealing with asbestos Emergency procedures Identify the different types of asbestos and their properties		Availability	On Site	
			Examinations	Knowledge & Skills	
			Certification	HSE Standard	
Notes	In Company courses will be tailored to the working environment A Training room suitable for the number of delegates will be required. Reduced rates are available for multi-site or multi-course bookings.		Duration	½ Day	
			Course Style	Knowledge & Skills	

General Health & Safety Training & Certification Courses

Forklift Operator <i>Separate Full Brochure Available</i>				
HSCS deliver HSE fully accredited and approved training courses for forklift operator training and certification. Operator courses includes Novice, Experienced, Refresher, conversion (From one truck type to another), Attachment (specific to the attachment being used), Specific load handling, Fridge / Freezer operating, Off Shore operating etc. All operator training courses are designed to train the basic skill requirements and associated job safety knowledge of basic Lift Truck operation, This is to the accredited levels of skill, ability & safety as in the Approved Code of Practice (L116) and HSG 6 etc, relating to section 2 of the Health & Safety at Work Act 1974.			  	
Typical Course Content Responsibility of the operator Operational Safety Code Basic Hydraulic & Electrical systems Refuelling / Recharging Daily Safety Checks & Maintenance Site Safety		Simple Manoeuvring Advanced Manoeuvring Stacking & Destacking (Free & Racking) Risk Assessment Vehicle Loading Practical Examinations Knowledge Examination		
Typical Trucks Covered			 	
Counterbalance	Sideloader	Powered Pallet Truck		
Pedestrian Stackers	Multi Directional	Vehicle Mounted		
Pivot Steer	Pallet Stackers	Order Pickers		
Rough Terrain	Industrial Tele	Reach		
Courses are available for all Lift Truck makes, types & configurations.				
Given the complex nature of this subject, the variation of machines, the different levels of training available and different operating environments etc, a dedicated brochure is available. Please email, or call 07930 158923 to request this brochure			 	
			 	
			Availability	On Site
			Examinations	Knowledge & Skills
			Certification	HSE Accreditation
			Durations	Variable

Lorry Loader (aka HIAB) Operator <i>Separate Full Brochure Available</i>			
All Lorry Loader operator training courses are designed to train the basic skill requirements and associated job safety knowledge of basic Lorry Loader operation, This is to the nationally recognised levels of skill, ability & safety as laid down by industry accrediting bodies. Courses include Novice, Experienced, Refresher, Conversion, Attachment, Specialist applications and bespoke. Courses are available for all makes, types, and configurations of loaders.			  
Typical Course Content		Preventative Maintenance, Pre-Operational Checks Operating Safety Rules & Procedures Safe Working Loads Stability Hydraulic Controls Correct Siting of Vehicle Safe Operating Practices Lifting, Manoeuvring and Lowering Loads	
Responsibility of the operator Operational Safety Code Basic Hydraulic & Electrical systems Daily Safety Checks & Maintenance Safety Devices Load Indicators Site Safety		<i>The courses detailed, only include very basic slinging content. If an operator is utilising any slinging type operations in their normal working environment, they must attend a dedicated slinging course.</i>	
Availability	On Site		
Examinations	Knowledge & Skills		
Certification	All HSE Accreditations		
Durations Variable by course type, experience levels etc			
Given the complex nature of this subject, the variation of machines, the different levels of training available, and different operating environments etc, a dedicated brochure is available, please call 07930 158923, or email, to request this brochure.			

General Health & Safety Training & Certification Courses

What's Included	
All course quotations / charges include, as appropriate, delegates course materials, examination fees, delegate registrations, certification, ID Cards, delegate reports, course reports, examination results and full course documentation. The individual delegate and course report will include information on the course completed, knowledge and practical examination results, course location, date/s, equipment used in training, trainer/examiner registered number, national provider registration and contact information etc. This document holds all the relevant information required to prove training has been completed and course standards met.	
On Site Training and certification courses carried out at your designated mainland UK site/s includes all the above as well as all travel and expenses. Why pay a mileage fee just because your location does not coincide with your training providers? As long as the course / service is held on the UK mainland, all travel and expenses are included in course fees, any expenses incurred for non mainland training are charged at cost.	
Post Course HSCS Training Services believe in offering a full and complete service that does not stop once we have issued certification. We offer full telephone, and email support that backs up our services and training courses. We are here to help YOU conduct a compliant and safe business for the benefit of your company, its employees, and your customers, on a cost effective basis.	
Services - Audit / Review / Advisory HSCS offer a wide and varied range of courses and services. Our services include audits, where we can audit compliance, training requirements, operating environments, complete locations / sites, systems, company policies etc. In addition, we can review all these areas, or advise on equipment selection, setting up any of the above.	
	
Bespoke	
HSCS recognise that individual clients' environments and sites are not all the same, clients do not have identical systems and approaches. We therefore also recognise that different clients will have different needs, we pride ourselves in offering cost effective, tailor made courses that meet the legal, insurance and Health & Safety requirements <i>AND</i> a clients own systems and requirements. We work with clients to ensure the most cost effective outcome to their needs and requirements, linking courses, accommodating weekend and shift based training, adjusting courses to include individual client systems and procedures etc.	Contact To discuss the bespoke service, contact us. 07930 158923
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